

The Lancet Commission on Hypertension will create a library of success stories (studies) on strategies to improve blood pressure control in low-income settings/countries – and you might be able to help

A recent paper by Mills et al. (Circulation 2016;134:441-450) demonstrated that the age-adjusted prevalence of hypertension increased from 2000 to 2010 in low- and middle-income countries (LMIC), surpassing that of high-income countries. Three-quarters of patients with hypertension are now living in LMIC. Furthermore, awareness and treatment improved only slightly from 2000 to 2010, whereas control rates of hypertension in men decreased in LMIC. The situation is even worse in low-income countries compared to middle-income countries. Therefore, the Lancet Commission on Hypertension (*Olsen MH et al. A call to action and a lifecourse strategy to address the global burden of raised blood pressure on current and future generations: the Lancet Commission on hypertension. Lancet. 2016 Sep 22. doi:10.1016/S0140-6736(16)31134-5*) will focus efforts to try to improve blood pressure control in low resource settings/countries.

To initiate this action, the Lancet Commission on Hypertension will collaborate with the International Society of Hypertension (ISH), World Hypertension League (WHL), World Heart Federation (WHF), Pan-African Society of Cardiology (PASCAR), African Heart Network (AHN), Latin American Society of Hypertension (LASH), and Centers for Disease Control and Prevention (CDC), in order to create a library of success stories (studies) on strategies to improve blood pressure control in low-income settings/countries as a foundation for more impactful initiatives.

Therefore, we invite you, as a member of LASH, to contribute to this initiative. Are you aware of a published success story (study) on methods to improve blood pressure control in low-income settings/countries? If you recall such a success story, please go to our web-page using the link <http://bpstudyform.hypertensioncommission.org> to answer a few questions regarding the study. If some of the questions cannot be answered, please write N/A.

The Commission will present the results at the European Meeting on Hypertension and Cardiovascular Protection in Milan in June 2017. Furthermore, the Lancet Commission on Hypertension and the organizers of the ISH Meeting on Hypertension 2018 in Beijing will invite abstract submissions for a new topic “Methods to Improve Blood Pressure Control in Low-Income Settings/Countries” and host a session dedicated entirely to this very important area of clinical research.